

HEALTH AND WELLBEING BOARD

27 SEPTEMBER 2017

	Report for Resolution
Title:	A Health Needs Assessment of Black and Minority Ethnic groups in Nottingham
Lead Board Member(s):	Alison Challenger, Director of Public Health, Nottingham City Council.
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Brief summary:	<p>A health needs assessment (HNA) of black and minority ethnic (BME) groups in Nottingham City was undertaken at the request of Nottingham City Council and Nottingham City Clinical Commissioning Group to inform the commissioning and delivery of services. A multi-agency steering group provided advice and support including commenting on survey design and developing a robust community engagement plan.</p> <p>The HNA is underpinned by a comprehensive literature review and a robust engagement plan. The extensive engagement with BME communities has been a key success of this HNA and has highlighted the approaches and techniques to successfully engage local communities. The engagement has enabled understanding of how local citizens perceive health and experience healthcare and other services.</p>

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) consider the recommendations in the Black and Minority Ethnic Health Needs Assessment; and
- b) identify opportunities to work collaboratively to improve the health and wellbeing of Black and Minority Ethnic citizens in Nottingham.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in	The BME HNA provides the Board with

Nottingham and make us one of the healthiest big cities	information on the health and wellbeing of BME communities in Nottingham. The report is structured in overarching themes which include health inequalities, mental health and the environment which reflect the outcomes of the Health and Wellbeing Strategy: 2016-2020 and the Nottingham Plan:2020
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health
<p>The literature review that underpins the HNA suggests that BME individuals are more likely to experience mental health problems and more likely to experience difficulties in accessing health and other services.</p> <p>Local intelligence supports these findings and suggests that some BME communities find it difficult to engage with mental health services for 'cultural reasons' and/or because they believe the service will not meet their needs. Understating the needs of BME communities will help to provide culturally appropriate mental health services and therefore improve the health and wellbeing outcomes for this cohort of people.</p>

<p>Background papers: <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i></p>	None
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